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EFFECT OF EMOTIONAL MATURITY OF SENIOR SECONDARY SCHOOL STUDENTS IN RELATION THEIR STREAM

ABSTRACT

This paper was designed to study effect of emotional maturity on sr. sec. school students in relation to their stream .The study was conducted on a sample of 200 school students of 12th class(100 Girls&100Boys). “The emotional maturity scale developed by Dr. Yashvir Singh and Dr. Ramesh Bhargava (1984) was used as a tool”. Findings of the study depicted that there exist significant difference between boys and girls of senior secondary school students of science and arts stream regarding their emotional maturity. And a significant difference between emotional maturity level of Sr. Sec. school students of science stream. Also significant difference between emotional maturity level of Sr. Sec. school students of Arts stream.

Keywords: Emotional Maturity, Senior Secondary School, Science and Arts Stream

EMOTIONAL MATURITY

According to Walter D. Smitson (1984), “Emotional maturity is a process in which the personality is continuously striving for greater sense of emotional health, both intra-physically and intra-personally.” & Crow and Crow (1986), “An emotion is an affective experience that accompanies generalized inner adjustment and mental and psychologically stirred up states in an individual and that shows itself in his overt behavior.”

To live fulfilled and happy life emotional maturity is the important component. Our capacity to create a positive mental state measures our emotional maturity. When we deal with problematic situations with stable emotional state or we can say that when we deals with others in a responsible way then it shows that we are emotionally mature. The people who are emotionally mature can control their emotions in a perfect way in every situation. According to Zimmerman “Emotional Maturity is the ability to differentiate and properly identify one’s emotions while granting yourself the freedom to experience whatever emotions is appropriate to a given situation”.

Emotional maturity importance can’t be exaggerated. A person whose emotions are controlled and trained is educated truly. Person who is not matured emotionally is bungler in social relations and not able to think calmly. But in actual they are not. Emotional balance is taken as the synonym of emotional maturity. But they are quite different in actual. Emotional balance is the learning of pleasant as well as unpleasant emotions. Without achieving emotional balance one can achieve emotional maturity but the vice-versa is not possible. A person who is emotionally balanced will definitely be emotionally matured. We can say that emotional maturity is a relative term.

RATIONALE OF THE STUDY

Present circumstances of COVID-19 pandemic is effecting the emotional maturity of the students, because they are feeling difficulty to deal with the online learning. Emotional maturity is a set of abilities that enable students to face such difficulties with ease. Emotionally mature people are happy in the here and now. Immature people on the other hand faces many difficulties such as anxiety, depression and stress. Emotionally mature people are typically trusted more and have deeper relationship.

“ Happiness doesn’t have to be chased it merely has to be chosen.”

-Mandy Hale

OBJECTIVES OF THE STUDY

- (1) To find the emotional maturity level of sr. sec. school students.

- (2) To compare the emotional maturity level of science and arts stream of Sr. Sec. school students.
- (3) To compare the emotional maturity level of boys of science and arts stream of Sr.Sec. school students.
- (4) To compare the emotional maturity level of girls of science and arts stream of Sr. Sec. school students.

HYPOTHESIS OF THE STUDY

- (1) There will be a significant difference in emotional maturity level of science and arts stream students.
- (2) There will be a significant difference in emotional maturity level of boys and girls of science stream.
- (3) There will be a significant difference in emotional maturity level of boys and girls of arts stream.

TOOL USED

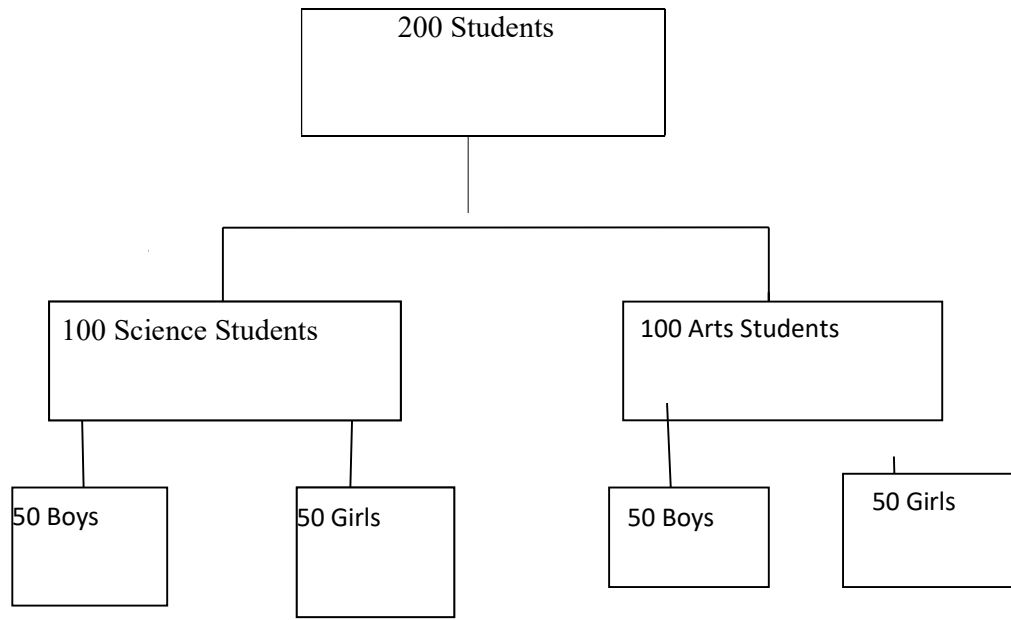
“ Emotional maturity scale by Dr. Yashvir Singh and Dr. Mahesh Bhargava (1984) will be employed by the researcher for the purpose of data collection”.

RESEARCH METHOD

For this study descriptive survey method was used.

POPULATION AND SAMPLE

200 students of class 12th selected randomly from the government and private school of Kurukshetra district of Haryana for the sample.



ANALYSIS AND INTERPRETATION OF DATA

To investigate the significance of difference between emotional maturity level of senior secondary school students t-ratio was worked out and the values are given in table below:

Table 1: Comparison in emotional maturity of sr. sec. school students of science stream (N=100).

Variable	Sex	Mean	Sd	t-Ratio	Level of Significance
Emotional Maturity Level	Boys	158	11.738	3.670	Significance at 0.05 Level
	Girls	166.72	12.048		

Table 1 revealed that value of t-ratio is 3.670 which is a significant difference in emotional maturity level of Sr. Sec. school students in science stream.

Table 2: Comparison in emotional maturity level of sr. sec. school students of arts stream.

Variable	Sex	Mean	Sd	t-Ratio	Level of Significance
Emotional Maturity Level	Boys	130.86	0.747	2.621	Not Significant at 0.05 Level
	Girls	59.36	1.816		

Table 2 revealed that value of t-ratio is 12.621 which is a significant difference in emotional maturity level of Sr. Sec. school students in arts stream.

Table 3: Comparison in emotional maturity level of sr. sec. school students in science and arts stream.

Variable	Streams	Mean	Sd	t-Ratio	Level of Significance
Emotional Maturity	Science	162.36	059.26	0.117	Significant at 0.01 Level
	Arts	45.11	1013.56		

Table 3 revealed that value of t-ratio is 0.117 which is not a significant difference in emotional maturity level of Sr. Sec. school students of science and arts stream. So the null hypothesis is rejected.

FINDINGS OF THE STUDY

On the basis of analysis and interpretation of data, the findings regarding the emotional maturity of sr. sec. school students in relation their stream are as follows:

1. It is found that there exists significant difference in emotional maturity level of Sr. Sec. school students in science stream.
2. It is found that there exists significant difference in emotional maturity level of Sr. Sec. school students in arts stream.
3. It is found that there exists no significant difference in emotional maturity level of Sr. Sec. school students of science and arts stream.

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